



# Get Back Up Again

Album: Trolls

Artist: Anna Kendrick

Choreo: Heather Pardee (2017)

Advanced Line Dance

Wait 16 beats after

## PART A

SKUFF IT VINE

DS SK-HOP FL-ST SK-HOP FL-ST SK-HOP FL-HOP RS SK-HOP FL-HOP  
L R L R R L R L L R L R L RL R L R

TOE-HOP SK-HOP FL-ST TOE-HOP

L R L R R R L R

KICKING PONY

DS/KICK CHUG KICK ST TS HL-SL

(1/2 L)

L R R R R L

SYNCOPATED FLATFOOT

DS SK-HOP FL-ST ST SK-HOP BO-OUT

L R L R L R L BO L

\*\*\*REPEAT ALL OF THE ABOVE TO FACE FRONT\*\*\*\*

2 SAMANTHA SLIDER

DS DS(xif) DR-ST DR-ST HOP DS(xif) ST-SL ST-SL RS

(1/2 R)

L R R L L R L R L R LR

\*\*\*REPEAT SAMANTHA TO FACE FRONT\*\*\*

## PART B

JACKED UP

DBL-DBL ST-SK-UP ST-SK-UP TCH-UP RS ST-SK-UP DBL-DBL BA-SL

R R R L L R R RL R L R R L

2 IRISH CANADIENS

DS DBL-HOP RS ST DBL-HOP RS

L R L RL R L R LR

QUICK DOUBLES

HOP-DBL-DBL-DBL TCH-UP

L R L R L

\*\*\*REPEAT\*\*\*

## PART C

SKUFFY PONY JOG

DS SK(xif) SK(ots) ST-TS-HS SK-UP ST-SK-UP ST-SK UP ST DS ST ST

L R R RL R L L R R L L R L R

GET BACK

DBL-DBL-DBL UP ST-SK ST-SK ST TOE-KICK ST ST ST ST-DS-TCH UP

R R R R R L L R R L R R L R L R L

## PART A\*

SKUFF IT VINE/KICKING PONY/SYNCOPATED FLATFOOT/SKUFF IT

VINE/DBL TOE SLIDE/2 SAMANTHA SLIDER/2 DS

## PART B

JACKED UP/2 IRISH CANADIENS/QUICK DOUBLES\*\*\*REPEAT\*\*\*

## PART C

SKUFFY PONY JOG/GET BACK X2